

**Contact Information:**

Today's Date: (mm/dd/yy) \_\_\_\_\_

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_  
 \_\_\_\_\_

**Email:** \_\_\_\_\_

**Phone:** home: \_\_\_\_\_ cell: \_\_\_\_\_

**Best Way to Reach You:** Email  Phone

**Student:** Yes  No  **If yes, school name:** \_\_\_\_\_

**Regularly, Scheduled Volunteer Activities:** (Please check all that apply)

<input type="checkbox"/> <b>Operations Staff – work with clients</b> (Pantry is currently open Tuesdays and Thursdays)							
Mornings	Mon <input type="checkbox"/>	<b>Tue</b> <input type="checkbox"/>	Wed <input type="checkbox"/>	<b>Thur</b> <input type="checkbox"/>	Fri <input type="checkbox"/>	Sat <input type="checkbox"/>	Sun <input type="checkbox"/>
Afternoons	Mon <input type="checkbox"/>	<b>Tue</b> <input type="checkbox"/>	Wed <input type="checkbox"/>	<b>Thur</b> <input type="checkbox"/>	Fri <input type="checkbox"/>	Sat <input type="checkbox"/>	Sun <input type="checkbox"/>
Evenings	Mon <input type="checkbox"/>	Tue <input type="checkbox"/>	Wed <input type="checkbox"/>	<b>Thur</b> <input type="checkbox"/>	Fri <input type="checkbox"/>	Sat <input type="checkbox"/>	Sun <input type="checkbox"/>
<input type="checkbox"/> <b>Restocking/Receiving/Sorting *</b>							
Mornings	Mon <input type="checkbox"/>	Tue <input type="checkbox"/>	Wed <input type="checkbox"/>	Thur <input type="checkbox"/>	Fri <input type="checkbox"/>	Sat <input type="checkbox"/>	Sun <input type="checkbox"/>
Afternoons	Mon <input type="checkbox"/>	Tue <input type="checkbox"/>	Wed <input type="checkbox"/>	Thur <input type="checkbox"/>	Fri <input type="checkbox"/>	Sat <input type="checkbox"/>	Sun <input type="checkbox"/>
Evenings	Mon <input type="checkbox"/>	Tue <input type="checkbox"/>	Wed <input type="checkbox"/>	Thur <input type="checkbox"/>	Fri <input type="checkbox"/>	Sat <input type="checkbox"/>	Sun <input type="checkbox"/>

\* Sometimes requires lifting and moving boxes averaging 25 lbs.

**Miscellaneous, flexible volunteer activities:** (Please check all that apply)

<input type="checkbox"/> <b>Food Shopper</b>	<input type="checkbox"/> <b>Fundraising</b>	<input type="checkbox"/> <b>Computer Work</b>
Type of vehicle?	<input type="checkbox"/> Phone Calls	<input type="checkbox"/> Data Entry
<input type="checkbox"/> <b>Donation Pickups</b>	<input type="checkbox"/> Mailings	<input type="checkbox"/> Excel Skills
Type of vehicle?	<input type="checkbox"/> Event Planning	<input type="checkbox"/> Word Skills
<input type="checkbox"/> <b>Flex Restocking – on call *</b>	<input type="checkbox"/> Grant Writing	<input type="checkbox"/> Home Internet Access
High Volume Donations		<input type="checkbox"/> Website Maintenance
<input type="checkbox"/> <b>Bookkeeping</b>	<input type="checkbox"/> <b>Public relations</b>	<input type="checkbox"/> Data analysis

**Days/Times available to volunteer for miscellaneous activities:**

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<b>Morning</b>							
<b>Afternoon</b>							
<b>Evening</b>							

**Applicable experience/background:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

*At any given time we may not have a need for someone in your area of interest. The coordinator will contact you for current needs. Your completion of this form helps us whenever there is a need to know that you may be our candidate! Thank you for your interest in the food pantry.*